

Exam Revision for Private Exam Candidates

If you home educate your children and are looking for preparing them for their exams at the end of year 11, there are many techniques that you can go over with them to help them revise. Exams can be a stressful time for any child and any parent, so it is essential to be as prepared as possible to help combat anxiety during this time. Take a look at some of our best tips below:

Create A Revision Timetable

It is important to start revising for GCSEs as early as possible to make it more manageable. This is especially important if your child is sitting multiple exams over a short space of time. Create a revision timetable to help them follow a study routine. Break up their revision with frequent short breaks in order to their your mind a rest, as this has been found to be more effective than longer study blocks. Additionally, when timetabling what topics to study, focus on the areas that they find most difficult as this is where they need to practice, rather than the ones they fully understand.

Limit Distractions

Studies have shown that for optimal results, students should limit distractions during their study time. This includes finding a quiet place to study away from people and removing social media, TV, or phones. They can be rewarded with this during their breaks but should not feel tempted to look at them during study blocks.

Find The Revision Technique That Works For You

Different people benefit from different types of revision, so it is important to find the one that works best for your child. Get them to try a number of different revision techniques for small topics, then evaluate which of them are most effective. Popular revision techniques include watching videos on the topics, creating mind maps and flashcards, teaching others the content or answering timed questions. Using a variety of these techniques can keep the mind engaged and help retain information.

Use Practice Questions

One of the best ways for students to revise for exams is practising past paper exam questions. This will help your child become familiar with the language used by exam boards and what they allocate marks for. Most past paper questions can be found online and have mark schemes that come with them.

Plan The Exam Day

Ensure that your child arrives in plenty of time for their exam and has a good breakfast before they leave in order to best equip their brain. Take enough pens or pencils as back-ups and ensure they have had a good nights sleep beforehand.

Prepare your child to read questions fully before writing anything, looking at the number of marks each question is worth as this will give an indication of how much they are expected to write. Developing resilience is essential – so your child is able to move on if they are stuck rather than giving up or staying with the one question they cannot answer.

Good Luck

SHINE TRAINING

www.shinetraining.co.uk

email: info@shinetraining.co.uk